

Spiritual Warfare & Deliverance



“It is for freedom that Christ has set us free.”

Galatians 5:1

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“Put on the full armour of God so that you can take your stand against the devil’s schemes.” Ephesians 6:11

INTRODUCTION

What is Warfare?

The Bible is clear that we have an enemy, called Satan, or the devil, who is out to destroy the works of Jesus and his followers and lead the whole world astray. (Rev. 12: 9,17) Jesus gave his disciples power over this enemy, and by His Holy Spirit, we also have this power. Spiritual warfare primarily involves living with an acute awareness that we face relentless enemies who are waging war against us. In order to do this well we must understand who we are in Christ, the power and authority that we walk in, as well as understanding who our enemy is: his tactics; schemes; and strategies. *“Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil.” Ephesians 5:15-16.* Warfare involves both a **defensive strategy** of not letting the enemy take ground that does not belong to him, as well as an **offensive strategy** of taking back legal ground that he has gained access to.

We must be vigilant to not fall into one of two extremes with regards to our enemy. One: to think Satan is hiding behind every bush and the cause of every negative thing in our life. Two: failing to recognize the seriousness of his desire to wreak havoc in our lives. If we keep a balanced approach and our focus on Jesus, who has equipped us with both wisdom and weapons, we will not be deceived.

Our Identity in Christ

To effectively do battle we must have a clear, conscious awareness of who we truly are because we are in Christ.

We are:

Saints	Romans 1:7
God’s adopted children	Ephesians 1:5
God’s workmanship	Ephesians 3:10
The temple of His Holy Spirit	1 Cor. 3:16
Heirs of God, co-heirs with Christ	Romans 8:17
Dearly loved Children	1 John 3:1
Free from condemnation	Romans 8:1
Christ’s friend	John 15:15
A new creation	2 Cor. 5:17
Forgiven	1 John 1:9
Empowered	Ephesians 3:16-20

These are just a few of the truths we have to have securely planted in both our hearts and minds as we engage in warfare. We need complete understanding of who we are in Christ, and how we are protected from the evil one because of who we are.

We also must remember that the battle is not ours but God's (2 Chronicles 20:15). It is our mighty God who does the battle for us, but He provides us with weapons to join Him in the battle.

Calling and Empowerment

Jesus' Divine Calling & Empowerment

Prophetic Calling – Isaiah 61:1-2

*"The Spirit of the Sovereign LORD is on me, because the LORD Has **anointed me to proclaim good news to the poor**. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, to proclaim the year of the LORD's favour and the day of vengeance of our God*

Actual Fulfillment – Luke 4:18-19

"The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord's favour."

Our Divine Calling

Matt. 28:18-20

*"Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey **everything I have commanded you**. And surely I am with you always, to the very end of the age."*

"Everything I have commanded you..." Go back into the Gospels to determine what Jesus taught His disciples.

How to live like Christ – character, relationships, etc. – Beatitudes, Lord's Prayer, etc

How to minister for Christ – what to do and how to do it...

Our Divine Empowerment

[Mark 16:15] He said to them, "Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned. And **these signs will accompany those who believe**: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."

[Luke 24:45] Then he opened their minds so they could understand the Scriptures. He told them, "This is what is written: The Christ will suffer and rise from the dead on the third day, and repentance and forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things. I am going to send you what my Father has promised; but **stay in the city until you have been clothed with power from on high.**"

[Acts 1:4] On one occasion, while he was eating with them, he gave them this command: "**Do not leave Jerusalem, but wait for the gift my Father promised**, which you have heard me speak about. For John baptized with water, but **in a few days you will be baptized with the Holy Spirit.**" So when they met together, they asked him, "Lord, are you at this time going to restore the kingdom to Israel?" He said to them: "It is not for you to know the times or dates the Father has set by his own authority. **But you will receive power when the Holy Spirit comes on you**; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth."

Jesus' journey into empowerment – Luke 3:21-22

Step 1 - Submission (identification repentance)	Luke 3:21 / Phil. 2
Step 2 - Surrender (led by the Spirit into the desert)	Luke 4:1
Step 3 - Empowered for Service (Jesus returned to Galilee in the power of the Spirit)	Luke 4:14

Disciples' journey into empowerment

Step 1 – Acknowledging Jesus as the Messiah	Matt. 16:13-20
Step 2 – Surrender – Jesus breathes on them “Receive the Holy Spirit.”	John 20:21
Step 3 - Waiting for the power of the Spirit	Acts 1
Step 4 – Receiving the outpouring of the Spirit	Acts 2
Step 5 – Stepping out by faith into the NEW LIFE	

Transformed Lives and Empowered Service

Changed – Bold and Courageous	Acts 4:13
“Silver or gold I do not have, but what I have I give you.”	Acts 3:6
“Sanctified through and through – body, soul and spirit.”	I Thess 5:23-24

Our journey into empowerment

Step 1 – Salvation – Receiving Jesus as Saviour

Obedience to Jesus' command Matthew 28:18-20, Acts 2:38
 Peter replied, "Repent and be baptized, every one of you, **in the name of Jesus Christ** for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. Acts 2:38
 Water Baptism - outward symbol - **BODY** - 1 time occurrence

Step 2 – Surrender – Receiving Jesus as Sanctifier (Lord)

Obedience to Jesus' command - Luke 9:23
 "If anyone would come after me, **he must deny himself and take up his cross daily and follow me.**"
 Baptism of Fire - inward surrender - **SOUL** - daily occurrence – on going process

Step 3 – Spirit Empowerment – Being filled with the Spirit

Obedience to Jesus' command Luke 24:49; Acts 1:4-5
 I am going to send you what my Father has promised; but **stay in the city until you have been clothed with power from on high.** Luke 24:49

Baptism of power - SPIRIT - repeated occurrence – “keep being filled”
Ephesians 5:18

Notes

Step 4 – Being led step by step by the Spirit – Romans 8, Galatians 5:13-26

Walking by faith and not by sight Hebrews 11:6
Living a walk of repentance and forgiveness
Growing in listening to God's Voice and then obeying

Evidence of Empowered Living

Deep sense of the Father's Love for you - “You are my beloved son/daughter, whom I love and am well pleased.” Luke 3:21

Insatiable longing to be with Jesus – Jesus' life as an example – longed to be with the Father.

Increased hunger for God's Word resulting in fresh revelation, understanding and anointing. Eph. 1:17-19

New burden, freedom and boldness to witness. Acts 1:8, Acts 4:29

Burden for the lost world – compelled by the Love of God . 2 Cor 5:14

Sensitive conscience; don't want to grieve or quench the Spirit Eph. 4:30

Victory over sin Romans 8:5-6

Victory over Satan Ephesians 6

Live life to the full John 10:10

Fruit of the Spirit Romans 8

Galatians 3:22-24

New freedom and joy in your life “Springs of water welling up to eternal life.”

John 4

Humility to walk forward as a “wounded healer” with weaknesses and admitting we are in process.

Supernatural power in ministry as evidenced by the gifts of the Spirit flowing through you “Signs and Wonders.”

Understanding our Triune Nature

Notes

God created us body, soul and spirit. Once our spirit has been redeemed through our repentance, surrender and salvation of Jesus Christ, it cannot be attacked or controlled by the enemy. To understand how he can affect us, we have to understand how we are created.

Understanding our Human Spirit

- We are made in God's image - God is Spirit.
- The functions of the human spirit most likely mirror that of the Holy Spirit.

Holy Spirit	Human Spirit
Brings Life: John 6:63	Brings Life: James 2:26, Ecc. 8:8
Comforter: John 14—16	Comforts: Psalm 43:5, 2 Cor. 7:13
Revealer of Truth: John 16:13	Intuition: 1Cor. 2:11, Job 32:8 Mark 2:8
Convicter: John 16:8	Conscience: Romans 1:19, 9:1
Creator: Job 33:4	Creativity: music, art, etc.
Empower: Acts 1:8	Empower: Proverbs 18:14
Facilitator: Led Jesus: Matt. 12:28, Luke 4:14	Facilitator: as we submit to the Holy Spirit, His gifts work through us to facilitate His plans.

**Taken from *Healing the Human Spirit* by Ruth Hawkey

How we nurture our spirit:

- Creation—nature / creativity
- People—relationships
- Calling on our life—work, volunteer, ministry
- Sabbath rest
- Laughter / Fun
- Worship in spirit and truth —John 4:24
- Meditating and studying the Word—John 6:63

Understanding Our Soul (Mind / Emotions / Will)

Notes

- A. Mind** “As a man thinks in his heart, so is he.” Proverbs 23:7
- | | |
|---------------------------------------|----------------------|
| Locate your false beliefs | Psalm 139:23-24 |
| Remove them | 2 Corinthians 10:4-5 |
| Replace false beliefs with the truth. | Philippians 4:8 |

B. Emotions

Often wounds have resulted in either ungodly expression of emotions, or ungodly suppression of emotions. Both are equally sin. God has created us with emotions, so that we can walk in health. Jesus is our example. We see Him expressing the following:

Joy – 10:21

Grief – John 11:35

Deathly sorrow – Mark 14:33

Anguish – Mark 15:34

Anger – Matthew 21:12, Mark 3:5, Psalm 78:50

Jealous – God is a jealous God – Exodus 20:5

C. Will

- one's will may be dormant and stunted, due to lack of use
- one's will may be over-exercised and need to be controlled
- both situations need to submit to the Lordship of Christ
- for the weak-will – submit to God's control, instead of others who have controlled them
- for the strong-willed – submit to God, instead of controlling others

Understanding our Body

Our body is the flesh and blood part of our being. It's what people recognize as us, but it's only a part of us. Our body is the outworking of our soul and our spirit and often it's health is a direct result of the health of our soul and spirit.

Hindrances to Empowerment for Service

Notes

1. **Our lack of true knowledge and experience of the person and work of the Holy Spirit.**

We can't just know about the Holy Spirit we have to *know Him*.

2. **Our Pride**

- Satisfied with what we have
- Unwilling to humble ourselves before God and others
- False humility is pride in disguise
- Insecurity is a form of pride
- Judging / criticizing others

3. **Our Unbelief / Doubt**

- Beliefs about the Holy Spirit that aren't true
- Doctrinal stands we've taken or been taught that don't fully line up with truth
- Experiences we've had that have not been pleasant
- Trying to rationalize a mysterious God
- 3 Primary sources of Unbelief: Generational, Church tradition, Education

4. **Our Fears**

- Fears of counterfeits / deception
- Fear of losing control
- Fear of the unknown
- Fear of the Holy Spirit
- Fear of man—what will others think of me?
- Unhealthy fear of God—He's out to get me? What will He do to me?

5. **Our Expectations**

- Have the same experience as others—We fear that if our experience isn't like someone else's, then it may not be complete or genuine.
- Expect the spectacular—God may speak in the still small voice.
- Instant vs. on-going action— Not always immediate results.

These are some of the most common hindrances to experiencing an empowered life. It is not exhaustive. A few more:

- Unconfessed sin
- Ungratefulness
- Bitterness or unforgiveness
- Not honouring parents or spouse
- Generational curses
- Occult activity

Weapons of Warfare

Notes

“The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.” 2 Cor. 10:4

1. **Belt of Truth** - Psalm 51: “Surely you desire truth in the inner most place...”
 - walking in the light – a way of life.
 - dealing with criticism
 - letting the truth of God dwell in us richly (Col. 3:16)
2. **Breastplate of Righteousness – right living – Matthew 6:33**
 - Christ’s righteousness, not mine.
 - *“What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ and be found in him, **not having a righteousness of my own that comes from the law, but that which is through faith in Christ - the righteousness that comes from God and is by faith.**” Phil. 3:8-9*
 - Abraham believed God and it was credited to Him as righteousness. Romans 4:22
 - Repentance vs. blaming others
 - Forgiveness vs. harbouring resentment and anger
 - Admit your weaknesses / struggles to one another – vs. hiding them. James 5:18
 - Trust vs. suspicion and mistrust
 - Heart righteousness and head righteousness
3. **Feet fitted** with the readiness that comes from the gospel of peace.
 - ready for action
 - shoes that fit you – know your calling / authority 2 Cor 10:13
 - ready to go, do and even suffer
4. **Shield of Faith** - “in addition to this...” after all the above are in place
 - faith – evidence of things unseen.
 - Romans 10:17 – “Faith comes by hearing.”
 - faith quenches every fiery dart the enemy sends to us
5. **Helmet of Salvation** – guard your mind
 - “take every thought captive” 2 Cor. 10:4
6. **Sword of the Spirit** – “Rhema word”
 - Matthew 4:4 “Every **WORD** that comes from the mouth of God”
7. **Prayers** on all occasions / all kinds of prayers
 - Prayers of the mind & the spirit
 - Prayers of the Saints
8. **The blood of Jesus, and our testimony** (Rev. 12:11)
 - No one can deny the power of our own testimony
9. **Love of God and Love of others - 1 John 4: 18**
 - There is not greater force in the universe than love
10. **Humility**
 - Satan’s downfall was pride, when we can lower ourselves to exalt another we break his control over us.
11. **Unity**
 - Choosing to walk together rather than individualistically.

Understanding the Demonic

Notes

Know Your Enemy

A. The Fall of Satan - Thrown out of heaven and separated from God

Jesus said - "I saw Satan fall like lightning from heaven." Luke 10:18

He rebelled against God - pride - desiring to be like God

*"How you **have fallen from heaven**, O morning star, son of the dawn! You have been cast down to the earth, you who once laid low the nations! You said in your heart, **"I will ascend to heaven; I will raise my throne above the stars of God; I will sit enthroned on the mount of assembly, on the utmost heights of the sacred mountain. I will ascend above the tops of the clouds; I will make myself like the Most High."** But you are brought down to the grave, to the depths of the pit."* Isaiah 14:12 –15

B. Motive behind Satan's attacks

1. Hatred, revenge and fury at God

Revelation 12:12 Therefore rejoice, you heavens and you who dwell in them! But woe to the earth and the sea, because the devil has gone down to you! **He is filled with fury, because he knows that his time is short.**"

2. He knows his end is sure

Revelation 20:10 **And the devil**, who deceived them, **was thrown into the lake of burning sulfur**, where the beast and the false prophet had been thrown. **They will be tormented day and night forever and ever.**

Matthew 25:41 "Then he will say to those on his left, 'Depart from me, you who are cursed, **into the eternal fire prepared for the devil and his angels.**

C. Satan's Goal

1. To usurp God – steal worship that is rightly God's

Matthew 4:8 again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. 9 "All this I will give you," he said, **"if you will bow down and worship me."**

1Timothy 5:15 Some have in fact already **turned away to follow Satan.**

Revelation 9:20 The rest of mankind that were not killed by these plagues still did not repent of the work of their hands; **they did not stop worshipping demons,**

2. To abort God's redemptive plan

A. To destroy Christ

Revelation 12:4 His tail swept a third of the stars out of the sky and flung them to the earth. The dragon stood in front of the woman who was about to give birth, so that he might **devour her child** the moment it was born.

B. Devour the Church

Revelation 12:17 Then the dragon was enraged at the woman and went off **to make war against the rest of her offspring - those who obey God's commandments and hold to the testimony of Jesus.**

3. To get back at God, by hurting those He loves – His family

John 10:10 The **thief comes only to steal and kill and destroy**; I have come that they may have life, and have it to the full. "I am the good shepherd. The good shepherd lays down his life for the sheep. the hired hand is not the shepherd who owns the sheep. "

D. Satan's Tactics

To cause fear – intimidation

To Deceive – “**Occult**” – means – hidden (deception)

John 8:44 You belong to your father, the devil, and you want to carry out your father's desire. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

Types of occult activity

Although there is such a multiplicity of occult activities there are three main headings under which they can be classified, witchcraft/magic, divination, and spiritism.

All types of occult are **forbidden in scripture**:

Deuteronomy 18:9-13 When you enter the land the LORD your God is giving you, do not learn to imitate the detestable ways of the nations there. Let no one be found among you who **sacrifices his son or daughter in the fire, who practices divination or sorcery, interprets omens, engages in witchcraft, or casts spells, or who is a medium or spiritist or who consults the dead.** Anyone who does these things is detestable to the LORD, and because of these detestable practices the LORD your God will drive out those nations before you. You must be blameless before the LORD your God.

- a. **Witchcraft / Magic** - Primarily concerned with **obtaining power** and control through the spirit world.
Witchcraft has as its motivation the desire **to dominate, manipulate and control another person**. It is essentially a means of seeking power. By seeking out hidden occult learning or engaging in secret ceremonies, there is always the same aim: control another person.
- b. **Divination** - Primarily concerned with **obtaining knowledge** through the spirit world.
 - “Obtaining knowledge by Biblically forbidden magical means, in other words seeking information from demons.” (The New Age, Selwyn Stevens) (Horoscopes, readings etc.)
 - “The discovery of what is hidden or obscure by supernatural or magic means - The practice of trying to foretell the future or the unknown.”
Dictionary definitions
 - The motivation behind it is the belief that life is largely governed by forces outside the control of man. By knowledge of how those forces operate and by discovering what the future holds, man hopes he can know beforehand what steps he needs to take to avoid (and control) whatever might be coming his way. Satan is very happy to accommodate them and deceive them with lies that suit his purpose and draw men and women further away from God and deeper into his bondage and confusion.

c. **Spiritism** - Primarily concerned with **contacting spirits** both the dead human spirits and demonic spirits.

Often when people think they are contacting their dead relative, it may well be a demonic spirit.

E. How Demons Act:

- They Entice (James 1:14)
- They Deceive (1 Timothy 4: 1&2)
- They Enslave (Romans 8:15) Addictions
- They Torment and oppress (2 Timothy 1;7) Fear, condemnation, doubt
- They drive and compel (Luke 8:29) lust, murder, assault
- They Defile (Titus 1:15)
- Their function is to Harass
- They often work in groups (e.g. anger, fear, violence, defiling, rejection)
- They fight against our peace
 - against our personal harmony
 - against our peace of mind
 - against our physical well-being
 - they cause disruption with other people, especially those close to us

F. The areas in which they affect us:

- Our emotions, attitudes, relationships
- The thoughts of our mind—doubt, unbelief, procrastination, compromise
- Through our speech (tongue) Lying, cursing, gossip, blasphemy
- In sexual areas
- Addictions
- Physical infirmities (Luke 13:12-13)

The Way the Demonic Gain Access

Notes

A. What is a foothold? - Ephesians 4:27 "and do not give the devil a foothold."

Definition: "**Foothold**" - [topos] a spot (general in space but limited occupancy) location, opportunity, other uses of this same word – place, places, room, seat, area

"A door we open for the enemy."

Romans 6:13 "Do not **offer the parts of your body to sin**, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness.

"offer" - yield - [paristemi] - to stand beside
[para / histemi] near / stand

B. Common Footholds / Doorways ("Four Doors" – taken from Pastor Pablo Botari – Argentina)

1. **Fear** - 2 Tim 1:7 - 'God has not given us a spirit of fear, but power, love and a sound mind.'
- worry / unbelief / need to control / anxiety / isolation / apathy / addictions that anesthetize fears
2. **Hatred / Anger** – Eph. 4:31 "Get rid of all bitterness, rage, anger, brawling, slander, malice... etc."
- bitterness, envy, gossiping, slander, anger, self-hatred
3. **Sexual Sin:** - Eph. 5:3-4 "But among you there must not be even a hint of sexual immorality..."
- adultery, pornography, fornication, perverse obsessions, molestation, rape, abuse, masturbation
4. **Occult / Witchcraft** – 1 Cor. 10:21b "You cannot have a part in both the Lord's table and the table of demons."
- astrology, psychics, horoscopes, Ouija boards, jezebel tendencies, curses, Wicca, idols, free masonry

C. How does a foothold occur?

1. **Generational Sin** - Can be born with the door open.

Source of great blessing

2 Tim 1:5 – Grandma – Lois, mother – Eunice...

Psalm 103:17... righteousness to your children's children

Source of much pain and struggle

Exodus 20:5 / Exodus 34: 6-7 - punishment of the fathers put on the sons to the 3rd and 4th generation

Deut. 23:2 – sexual sin – to the 10th generation

Ezek. 18:20 – don't share the guilt... but the consequences

Biblical example – Abraham and Isaac

Gen. 12:12 – Abraham lies about Sarah – for fear for his own life

- we're all born into sin – but different family lines seem to have vulnerabilities to different sins because of this principle of consequences being passed down to the 3rd and 4th generation.

2. My own wrong choices - SIN

3. Other people's wrong choices against me - Wounds

Primarily happen in the context of relationship.

Abuse – physical, emotional, spiritual

Accidents / trauma – not intentional

A. Our sins wound ourselves and others around us

Adam & Eve (Genesis 3)

Sin - disobedience

Reactions: deception, shame, blame, hiding, covering

Effects: relationships cursed, work cursed, separated from God and the garden

B. When we're wounded we often sin in our reactions

Sarah and Hagar (Genesis 16)

Wound – Hagar is ordered to bear Abraham's child

Her sin – despises her mistress (vs. 4)

Effects – mistreated by her mistress, sent away, almost lost her son

4. Soul Ties – Yoked together

A. **What is it?** “A real bond which holds us into relationship with another...”

Paul says to early churches... “I am with you in spirit...”

1 Sam 18:2 – “Soul of Jonathan knit to David” -

B. Soul ties bring blessing

Hosea 11:4 – cords of human kindness... ties of love

Phil. 4:3 – “Loyal yokefellow” - co-yoked... not enslavement

God designed us for relationship – receive great blessing, encouragement, affection...nurture

C. Soul ties bring great bondage...

“ungodly soul-tie” – where there is fear, control, domination...

Gen 44:30-31 – “father, whose life is closely bound up with the boy's life”

1Cor 15:33 Do not be misled: "Bad company corrupts good character."

Godly influence - holding hands

Ungodly influence – hand-cuffed together

Marriage – “leave and cleave” many don't leave, so they can't cleave...

need to be released - cut soul-ties - with the parent they are attached to.

Groups of Evil Spirits

Notes

1. Familiar Spirit

Other names:

Familial Spirit, Necromancer, Divination, Python

Scripture Reference:

Acts 16:16; Deut. 18:9-12; Eze. 13: 17-23; 1 Sam. 28:7

Characteristics:

Hear voices (may lead to insanity)	Independence/rebellion
False signs and wonders	stubbornness
Auras seen and believed	Satanism
Secret Orders - Secret lodges and societies	mutterer
Knowledge beyond normal – ESP	Ouija boards
Seeking higher revelations	séances
Often wear much jewelry	white witchcraft
Desire to know thoughts of others	drugs
Meeting in secret or exclusive places	freemasonry
Revelations often telling of evil	eastern religions
Channelling of spirits	dungeons & dragons
Fortune telling, witches	Pokémon
Wisdom with guides/mediums	transcendental meditation
Astrology read and followed as a guide	
Hypnotism engaged in or used on others	
Power within water witching/diviners	
Use of charms crystal balls, etc. Tarot cards, palm readers	

2. Spirit of Deep Sleep

Other names:

Spirit of Lethargy

Scripture Reference:

I Sam. 29:10; 1 Sam. 26:12

Characteristics:

Blurred vision	No energy
Closed understanding	Apathetic
Transcendental meditation	Insomnia
Asleep more than usual	
Coma-like sleep	
Bible reading activates sleep condition	
No or sluggish thoughts	
Sleep disorders, Chronic fatigue syndrome	
Mentally hibernated	

3. Spirit of the World

Scripture Reference:

1 John 1:29, 2:15-16; Rom. 5:12, 12:2; James 4:4

Characteristics:

Coiffured to maintain image
Always must be up to date in dress, decorations, etc.
Externally perfect
Manicure is a false front
No substance to back possessions
Keep up with the Jones complex
Selfishness
I deserve the best motivation
Worships positions or idolizes things
Love of money rules
Appearance more important than spirit man

4. Spirit of Torment

Other names:

Spirit of Suicide

Scripture Reference:

1 Sam. 16:13-14

Characteristics:

Repetitive negative thoughts
Demeaning thoughts
Degrading self before others
Blames others for problems
Thoughts of murder
Blame brings thoughts of suicide
Accusations of others are believed
Guilt turns to torment
Dreams that torment and re-occur
Nightmares so bad they prevent sleep
Hear tormenting voices in your mind
Feeling of being trapped
Feelings of anguish
Hearing voices telling you "There is no way out, kill yourself"

5. Spirit of Jealousy or Envy

Scripture Reference:

Num. 5: 12-14

Manifestations:

Murder (Gen 4:8)
Strife
Spite (Prov. 6:34)

divorce
hard-heartedness

Notes

Cruelty	Revenge
Division of home, church	Abortion
Anger (Gen 4: 5-6)	Selfishness
Envy	Wrath (Gen 4:5)
Rage (Prov.6:34)	Maliciousness
Hate Gen 37:2-4	Competition Gen 4: 4-5
Marriage breaker	Build walls through hurt & anger
Self – centered	Suspicion
Covetousness	Unnatural competition
Insecurity	Distrustfulness
Feelings of being less loved by God than others	

6. Unclean Spirit

Other names:

Foul Spirit

Scripture Reference:

Acts 5:16; Mark 5:8

Manifestations:

Unclean thoughts
 Fungus
 Cancer
 Self-injury, physical, mental, emotional
 Supernatural strength of demons
 Crying
 Drunkenness
 Legion-many

Sexual sins
 Insanity
 Antichrist spirit
 Profanity
 Fornication
 Leprosy
 Foul spirit odour
 Frogs

7. Spirit of Antichrist

Scripture Reference:

1 John 4:3

Manifestations:

Against Christ
 Claims authority
 Persecutes saints
 Opposes revelation
 Seduce to error 1 Tim. 4: 1-4
 Suppresses ministries
 Attacks and destroys
 Blasphemes gifts of the Spirit
 False leaders
 Irritates and disturbs
 Substitutes
 Opposes Christ – attempts to take Christ’s place
 Comes to deceive the church
 Opposes Christ’s deity, doctrine, victory

harasses the saints
 Vexes
 atheism
 Judaism
 Lying
 rationalizes word of God
 explains away power of God
 Evil forces
 Imposters
 Deceives
 Seeks to rule
 Opposes the bible
 Humanity/cults

8. Spirit of Judgement

Scripture Reference:

Isa. 28:6

Characteristics:

Driven by perfectionism

Follows the critical way	Harsh criticism
Nit-picking remarks	Unrealistic standards
Self-judgment	Damaging remarks
Anyone who disagrees is wrong	Works closely with antichrist
Ridged prison of ideas	Dread of being unworthy
Fortified beliefs, entrapment	Works are more important than faith

9. Spirit of Infirmity

Scripture Reference:

Luke 13: 11-13

Manifestations:

Hay fever/allergies	Sinus
Hunchback Luke 13:11	Dysentery Acts 28:8
Fever Luke 4:39	Feebleness or weakness
Malady John 5:5	Arthritis
Frailty	Impotent
Many sicknesses Doctors can't figure out what is wrong / lingering disorders of the body (Galloping spirit)	
Colds	Fungus asthma virus infections
Cancer	Diabetes
Female problems	Attacks on masculinity/femininity
Heart disease	Fevers
Hypertension	

10. Deaf and Dumb Spirit

Scripture References:

Mark 9:25

Manifestations:

Blindness Mark 12:22	stupor
Madness	Wallowing
Seizures Mark 9:18, 20, 26	Epilepsy Mk. 9:25
Inner ear diseases	grinding teeth
Burning Mark 9:22	deafness
Crying Mark 9:26	autism
Suicidal Mark 9:22	ear/eye disorders
Insanity Mark 9: 17-29	accidents with water/burning/head
Compulsions	near death experiences
Drowning Mark 9:22	inappropriate/excessive crying
Schizophrenic	trauma at birth
Driven	abuse
Lunatic Matt 17:15	general anaesthetics
Convulsion/epilepsy	Eye diseases
Foaming at the mouth Luke 9:32;Mk. 9:20	
Bruising Luke 9:39	Pining away Mk 9:18
Dumbness Mk 9:25	Procrastination Mk 9:26
Blockage of the transfer of information from spirit to soul	

11. Lying Spirit

Other names:

Spirit of lying

Scripture Reference:

Ezek. 8:12; 2 Chron. 18: 18-22

Manifestations:

Lies	deception
Insinuations	excessive talking
Old wives tales 1 Tim. 4:7	emotionalism
Hypocrisy	condemnation
Flattery	lies about God
Insincere praise	day dreaming
False impressions	vain imaginations
Counterfeit	performance
Vain imaginations Jer. 23: 15-17	financial problems
Strong delusions 2 Thess. 2:11	poor self image
Profanity 1 Tim. 7 7, 6, 20; 2 Tim. 2:16	Talebearer Matt. 12: 35-37
Superstitions	Driven zeal, exhausting body
Fairy tales	Religious spirit
Frenzied action to draw attention to self	Exaggeration

12. Perverse Spirit**Scripture Reference:**

Isa. 19:14

Manifestations:

Snares Prov. 17: 20, 23	sadomasochism
Deceit	unreasonableness
Bribe Prov. 17: 20, 23	abnormal crankiness
Vile affections	self - lovers
Fret Prov. 19:3	stubbornness
Strife	polygamy
Lust Prov. 23, 33	false doctrine /occult
False teachers	Covetousness
Error (in religious areas)	Fool
Perverse works	Heresies 2 Pet. 2:2
Rebellion	Blasphemers 2 Tim. 3:2
Despised Prov. 12:8	Hate Prov. 14:2
Self-love 2 Tim. 3:2	Child of the devil acts 13:10
Sexual perversion / homosexuality /deviant behaviour	
Reprobate	
One who twists the word of God to Satan's advantage	

13. Spirit of False Prophet**Scripture Reference:**

Rev. 13:11

Characteristics:

Comes as Holy Spirit	Works with all other rulers
Dislikes Foul, Unclean spirits	Always looks good (angel of light)
Does false signs and wonders	Suave and charming
Very judgmental (the only one that has the insight)	
Inspires murder or ruthlessness	Controls using power
Charismatic personality	Full of self (yet empty)
Exclusive, no space for lesser persons	Think tank type
Pull others to follow them	Vain imaginations
Strong leadership can be used in ministry	Deception
Requires total submersion in an activity and total submission from those involved	

14. Spirit of Error

Scripture Reference:

1 John 4:6

Characteristics:

Ministry of deception "Welcome, if you think our way"

Works with the false prophet

Exalts name other than Jesus

99% pure and 1% poison

Bound more each time to defend error

Deceptive like a hall of mirrors

Loves to tell you why you are wrong

Ignores all, even scripture truth

Group has its own literature to explain the Bible

Refuse clearer teaching of the Bible

Error makes man final authority

Pride in status and well-known

Lack of: love and awe of the Bible

Promotes method with complex ideas

False prophets / preachers

Inappropriate thinking or behaviour

Continually making wrong decisions

compromise
anti-Semitism
intellectualism
cults
Irresponsibility
false teachers
racism
Immaturity
Exalts teacher's name
Confusion
Doubt
Bulimia / anorexia

15. Spirit of Fear

Scripture Reference:

2 Timothy 1:7

Characteristics and Manifestations:

Dread Exodus 15, 16

Hypercritical Spirit

Fear of man

Timidity / shy

Hermit

Rejection

Fear of Death Heb. 2: 14, 18; Ps. 55:4

Carefulness

Fright Ps. 55:5

Nightmares

Torment 1 Jon 4:18

Tension

Stress

Poverty

Worry

Heart attacks Luke 21:26

Agitation

Trembling Job 4: 14-15; Ps. 55:5

Perfectionist

Apprehension and fear of evil

Judging

Anxiety

Horror
Introvert
Terror
Belittling
Condemnation

faithlessness
inferiority
Inadequacy
fear of failure
migraines
schizophrenia
paranoia
phobias
insanity
lack of trust
fear of pain
fear of men/women
fear of authority
fear of abandonment

16. Spirit of Whoredoms

Other names:

Spirit of Harlotry

Spirit of Prostitution

Notes

Scripture Reference:

Hosea 4:9-12

Characteristics and Manifestations:

Gluttony Phil 3:19; Rom. 16:18

Harlot

Prostitution

Sexual sins

Fornication

Adultery Prov. 6:32

Impure

Lewd / seduction

Swearing

Love of the world 2 Tim. 4:10

Position

Standing Matt 23:6

Exalting oneself

Love of money

Covetousness

Backsliding Ezek. 16:15

Abortion –everything aborts, nothing comes to completion. Inability to follow through on anything

molestation

rape

incest

lust

pornography

masturbation

exhibition of the body

peeping Toms

sex orgies

bestiality

love of money

love of social standing/position

anything worshipped / trusted

or anyone placed before God

Idols

17. Spirit of Bondage**Other names:**

Spirit of Disobedience

Scripture Reference:

Matt. 12:29; Eph. 2: 1-3; Rom. 8:15

Characteristics and Manifestations:

Oppressed Acts 10:38

Captivity Rom 7:22; Luke 8:29

Servant

Subdued

Ambition power

Sexual desire

Money

Spiritually blind Matt. 4:16

Excessive

Greed

Lust

Drugs

Anguish Exod. 6:9

Drinking

Bruised Luke 4:18

Compulsory sin John 8:34; Prov. 5:22

Superiority – addicted to self or another person

Bound

Satanic captivity

Coveting

Bitterness Exod. 1:14

Ball and chain

cigarettes

eating disorder

Jail

workaholic

computers

video games/ TV

soul ties

food

Broken

Habits

18. Spirit of Heaviness**Other names:**

Dark Spirit

Scripture Reference:

Isa. 61:3

Characteristics and Manifestations:

Gluttony	unjustified guilt
Continual Sorrow Neh. 2:2; 8:10	broken heartedness
Continual Sadness Rom. 9:2; Prov. 15:10	humiliation
Hopelessness	Wounded spirit
Discouragement	Whining
Grief / mourning - abnormal	Defilement
Mourning Isa. 61:3	Shame
Rejection	Depression
Bruised Luke 4:18	Gloom
Despair/ gloominess	Trouble
Loneliness	Self-pity Ps. 69:20

19. Spirit of Mourning

Scripture Reference:

Isa. 61:3

Characteristics and Manifestations:

Personality of a Ruler
 House reflects mourning (dark colours, reminders of what was are everywhere)
 Mourning over loss of potential (aborted and child deaths)
 Intense fear of loss
 Continued grief past the natural process
 Internalized sadness (no laughing allowed)
 Thoughts of death and dying are continual
 Pain over aborted ministry
 Pain for loss of wealth, possessions
 Mourning robs hope
 Mourning starts with real loss, but moves in to keep the non-productive hurt alive and hurting
 Visits cemetery each day or week as though the loved one was still alive
 Tired, discouraged and thinking of death. Spirit of mourning says” why don’t you die, then this would be over.”
 Thoughts of murder for solving problem
 Verbally speaking death to self or others
 Attaches to intercessors to stop them
 Self-pity

20. Spirit of Haughtiness – Proverbs 16: 18-19. Pride goes before destruction, and a haughty spirit before a fall.

Pride	scorn	mockery
Judgement	rudeness	lofty looks
Bragging	stubbornness	egotism
Prejudice	vanity	arrogance
Dictatorial	controlling	overbearing
Domineering	superiority	gossip
Contention	independence	self-righteousness
Holier-than-thou attitude	constant criticism	

21. Spirit of Stupor – Romans 11:8. According as it is written, God gave them a spirit of stupor, eyes that they should not see, and ears that they should not hear, unto this very day.

Constant fatigue	passivity	wallflower
Self-pity	draw back	spirit is asleep
Procrastination blocks success	causes a person not to want to be born	

22. Death - Hebrews 2:14-15. Since the children, as he calls them, are people of flesh and blood, Jesus himself became like them and shared their human nature. He did this so that through his death he might destroy the devil, who has the power over death, and in this way set free those who were slaves all their lives because of their fear of death.

Death is not called a spirit in scripture, but it acts like a root spirit and it definitely can be a curse.

Satan is very serious about bringing you into bondage and keeping you there.
Jesus is very serious about getting you out!

“The reason the Son of God appeared was to destroy the devil’s work”

1 John 3: 8b

Pre-deliverance Preparation

Notes

What can I do personally to prepare?

- Pray for others out of the overflow of the Holy Spirit within you. If you are overstressed, physically ill or fatigued you will not be at your best and the enemy may take advantage of the situation. i.e. you may be more vulnerable to spirits of confusion which will try to distract you.
- Stay close to the Holy Spirit through times of intimacy with Him i.e. time in the word and worship and making sure that your own hands and heart are 'clean' before Him.
- Keep personal confessions to God and man, current.
- Spend time in prayer for the person before you meet with them. Often the Holy Spirit will reveal things to you that need to be addressed in prayer. You may receive scriptures of comfort and strength to share with them. Through the gift of word of knowledge or discerning of spirits He may show you Spirits that you need to expel, soul issues or traumas, addictions etc. These things will be confirmed as the person shares their story and you may want to share what the Lord had shown you which builds the faith of the person. This brings a sense of how much God loves them, that He would show someone else what they have been struggling with.
- The person you pray with is *always* to be honoured as God's precious child whom He loves deeply. As much as possible provide an environment of prayer where they feel protected, safe and above all – loved. Demons love attention – always make it about the person not the demonic!

Remember to always be trusting the Holy Spirit to reveal what needs to be prayed for. Ask Him to release the gifts within you and to use you as a conduit for ministry. We must always rely on hearing and responding to Him as we pray for others. The things we talk about this weekend are only guidelines. Let us not depend on the guidelines but on the fact that the Holy Spirit will speak to us and lead us through the deliverance process.

Deliverance and Inner Healing

Notes

1. Diffuse anxieties and create a safe place:

Welcome the person to be prayed for and answer any questions they may have regarding the deliverance process. Many people are nervous and may have never experienced a prayer time like this before. Put their anxieties and fears to rest through explanation and reassurance. Let them know that you will be checking in with them often during the prayer time to see how they are doing and breaks will be taken as needed.

Encourage them to share honestly and freely regarding physical or emotional responses during the process. They must be fully engaged in the prayer time and have come of their own accord. If someone has forced them to be there it is best to wait until they personally desire prayer on their own.

Explain that this is an encounter between them and the Holy Spirit and you are there to facilitate. **Acknowledge, often, that Jesus is their healer, bondage breaker and deliverer and to Him we give all the glory, honour and praise!**

Be sure they are comfortable and have something to drink.

2. Where to start

Talk with the person and let them tell their story. Take notes as they tell their story and listen to the Holy Spirit for promptings regarding names of certain spirits. Also gently ask questions regarding the areas listed below. The Holy Spirit will 'highlight' areas which need more clarity or to go deeper to help walk the person into places they may not have gone before.

Refer to the 'groups of spirits' as a reference for manifestations or characteristics denoting the presence of certain spirits. Remember this is not a comprehensive list, only a guideline. Ask the Holy Spirit to show you the spirits that are present. Use your gifts!

- a) Generational sins – family patterns and curses (Ex. 20:5); Hosea 8:7; Numbers 14:18)
- b) Soul ties – emotional or sexual (1 Cor. 6:16; Gen. 2:24); smothering, or controlling authority figures
- c) Forgiveness – areas of offense allow Satan to take advantage (2Cor. 2:10-11)
- d) Specific events of trauma or abuse (Matt. 18:6)
- e) Inner vows/agreements with lies – Matt. 5:33; James 5:12; words like 'never, always'
- f) Occult/New Age involvement – opens doors for legal right to Satan (Lev 19:31)

3. Praying for deliverance

The order in which the above are addressed in prayer will vary according to the responses of the person being prayed for. Typically it is best to leave the generational curses and expelling of demons for the end. Doing the soul care piece first, always 'loosens' the ground of the demonic foothold which makes the casting out time much easier. We cannot stress enough that these are only guidelines to deliverance; reliance on hearing and obeying the Holy Spirit during prayer is always imperative. **There is no real format and each time is different.**

4. Prayer and response.

You may want to use the 'prayer sheet' provided to pray through a to e below. Always listen for the Holy Spirit to add to the prayer if He desires. Each person and each circumstance of prayer is different and again, the prayer sheet is only a guideline.

Whenever possible have the person pray and declare 'out loud' for all to hear. Public declaration breaks strongholds. They may read the prayer from the sheet or repeat after you. Always consider and respect the requests of the person being prayed for. This is their experience and needs to make sense to them. Remind them that they may ask questions if they are not sure why they are praying in a certain way and not to repeat a prayer if they are not in agreement with it.

Repentance and forgiveness

Break soul ties

Break power of and renounce agreement with lies and inner vows

Break power of and renounce occult involvement, command demons to leave

Break generational curses and command demons to leave

5. Removal and infilling: ***always fill with the Holy Spirit after a demon has left**

In Jesus name bind and command the demon (by name) to leave, always better if the person being prayed for casts out the demon. Send to Jesus and He will tell them where to go, or into dry places or other- ask Holy Spirit.

Don't engage in conversation with the demons. Always talk to the person and let them know when you are speaking to them **or** expelling a demon.

6. Typically a full prayer session will take three to four hours.

If the person or prayer team is getting tired or if you run into something that stumps you or if the person is not able to engage, then find a safe opportunity to close the session and set another time to finish. Remember this is not as much about the deliverance as it is about the person having a safe, meaningful encounter with the Holy Spirit.

7. Finally, anoint with oil and seal the prayers done during the session.

Command that no robbing spirits can interfere with what was done.

Inner healing / soul care is a WALK, not an Event! A one-time session is not necessarily completion. Breaking free of strongholds is life-changing. Being delivered, set free and healed is a wonderful gift that Jesus died for all of us to have. Receiving a measure of freedom is like winning a battle, but this battle is only part of an ongoing (spiritual) war.

How do we maintain our freedom and not return to our old ways of living?

How do we avoid slipping back into old thought patterns and strongholds?

The Scriptures say that Satan is the father of lies. Even though they are now outside of you, unclean spirits may still talk to you. Don't accept thoughts, ideas or guidance as coming from the Lord unless it lines up with Scripture, it gives you peace and is a part of normal Christian behaviour. The Holy Spirit never contradicts the Bible and never creates chaos within us. Typical lies from the enemy's routine might sound like this: "You haven't been delivered; it wasn't real; it wasn't complete; "you can't keep your freedom;" " the demons are still inside you;" or "God demands that you do such and such a thing or else." Don't believe it. Make your stand on the Word of God. "He whom the Son sets free is free indeed." (John 8:36).

The enemy may try to intimidate you with demonstrations of his power. Don't be frightened if things seem to go wrong for you for a while or if some symptoms from before deliverance seem to reappear. Remember that if Satan was as powerful as he claims to be, he would have swept us all away a long time ago. The reason that we're still here is that his power is in fact very limited. There is only one all-powerful person and he is the same God, the Father of our Lord Jesus Christ, who sends us the Holy Spirit to dwell within us. In other words, we're on the winning side.

You may find yourself tempted with old habits or behaviours that don't fit in with Christian life. The devil has a way of making the old times seem rosy to us just like he tricked the Israelites in the desert into missing the "leeks and onions" that they had left behind in Egypt. Of course Satan forgot to mention the misery and slavery that went along with those tasty onions. Don't become nostalgic about the past but keep your eyes on the future as you prepare to enter God's Promised Land for you. Jesus didn't come to take good things away from you but rather to bring you real life. "I came that they might have life and have it in abundance." (John 10:10). Put your trust in Jesus and you will have the desire of your heart. (Psalm 37). Temptations in themselves are not Spiritual Bondage. It is the continual surrendering to them through Sin that creates our bondage to Satan's Kingdom. Like ruts on a worn road, Habitual Sins and False Beliefs become entrenched in our Lives making it difficult to escape.

Recognizing the enemy's strategy is helpful but it does not win the battle for us. It is more important that you learn and practice some positive principles that will enable you to gain ground quickly and hold it. The following five points are easy to remember and will help you tremendously:

1. Focus your attention on Jesus. Jesus' Blood is the most powerful protection in the universe. Moreover, Jesus came and shed his very Blood because he loves you. Confess the fact that Jesus loves you and repeat the following

prayer every morning both in your heart and out loud: "Lord, I cover my mind, emotions, body, soul and spirit with the precious Blood of Jesus". Talk to Jesus every day sharing the good things and the bad with him. You can be sure he will not leave you. "And they have conquered him by the blood of the Lamb and by the word of their testimony." (Revelation 12:11)

2. Commit yourself to daily prayer. Allow the Holy Spirit to have his way with you. Pray at least 15 minutes a day. Let the Holy Spirit show you negative attitudes, habits, feelings and behaviours that need to be changed. The Holy Spirit is God's power given in order for you to become like Jesus. He will show you things through the Bible, through other people and through your experiences. "Pray all the time asking for what you need, praying in the Spirit on every possible occasion." (Ephesians 6:18). "But when the Spirit of Truth comes he will lead you to the complete truth, since he will not be speaking from himself but will say only what he has learnt; and he will tell you of things to come." (John 16:13)

3. Immerse yourself in the Scriptures. The Bible is the written Word of God. The Word of God is a living thing that works in us even when we may not understand or comprehend fully what we are reading. Read as much as you can each day. Concentrate on memorizing a verse from Scripture each day, constantly repeating it to yourself. Select verses that seem to apply to you. "If you make my word your home you will indeed be my disciples, you will learn the truth and the truth will make you free. (John 8:31).

4. Recognize and remember that the devil will come back to try to tempt you in ways that you were once in bondage. James 4:7 says, "Submit yourselves, then, to God. Resist the devil, and he will flee from you". Tell the devil and his unclean spirits in Jesus' name to go away and leave you alone. Make it clear that you intend to follow Jesus no matter what. Above all, don't argue with the enemy and entertain his thoughts because you can't beat him that way. Instead, fill your mind by praising Jesus. Assume responsibility for your thought life. Learn to take every thought captive to the obedience of Christ. Reject all lies and stand firm in your true identity as a child of God in Christ. "Resist the devil and he will flee from you."(James 4:7).

5. Fellowship with other Christians. The Christian walk is not a solo performance. James 4:7 says, "Submit yourselves, then, to God. Resist the devil, and he will flee from you". Don't drift back to old patterns of thinking, feeling and acting. If you are struggling with walking in the truth, share your battles openly with a trusted friend who will pray for you and encourage you to stand firm. You will need other people in a Christian Fellowship to support you and edify your faith. This is nothing to be ashamed of but rather is God's preferred way. Jesus ministers through his body. "Bear one another's burdens and so fulfil the law of Christ." (Galatians 6:2)

"It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." Galatians 5:11

Dr. Neil Anderson writes that Spiritual Freedom is "the result of what [we] choose to believe, confess, forgive, renounce and forsake."

Walk in the Light of God!

⇒ The Schemes and Lies of the Enemy cannot overcome the “Light” of God. When tempted by False Beliefs or Sin, immediately shine the Light of God’s Truth on them and expose them for the Lies they are. Renounce the Lie and Affirm God’s Truth! For example, if someone puts you down, immediately renounce that putdown and affirm that you are a Child of God (John 1:12)! If you are tempted by sexual thoughts, immediately renounce those thoughts and affirm that your body is the temple of the Holy Spirit belonging to God (1 Corinthians 6:18-20)! Respond with God’s Truth to all attempts by Satan to enslave you, and capture every sinful thought to make it obedient to Christ!

Walk in the Armor of God!

⇒ Make no mistake about it, we are at war! Spiritual Warfare demands Spiritual Weapons, able to repel every “fiery dart” of our enemy. Our battle armor is the Helmet of Salvation, the Breastplate of Righteousness, the Shield of Faith, the Belt of Truth, the Shoes of the Gospel, the Sword of the Spirit which is the Word of God and Prayer!
1 John 1:5-10 ; Matthew 4:1-11; Philippians 4:8; 2 Corinthians 10:3-5; Ephesians 6:10-18

Walk in the Grace of God!

⇒ One of Satan’s most effective schemes is accusing Believers of their failures. He seeks to replace our Spiritual Freedom with Spiritual Guilt by deceiving us into believing we are unworthy of God’s acceptance. The Truth is “there is now no condemnation for those who are in Christ Jesus”! What does this mean? It means that when we trust Jesus to forgive our sins, God clothes us with the righteousness of Christ Himself, adopting us as His own child, and now forever loves us with the same love He has for His own Beloved Son! When God looks at us, He sees us as He does His own Son! *THAT IS GRACE!*
Romans 8:1; John 17:23; 2 Corinthians 5:21

Prayers for deliverance session

Notes

Generational curses

In Jesus name I renounce and break the generational curse that has been passed to me from my ancestors through the Spirit of *(name)*. I bind you in Jesus name and command you to leave me now. I send you to the presence of Jesus and He will deal with you.

I cancel all the effects and assignments that this spirit/curse has had on me and my children.

Father forgive me and my ancestors for participating with these things. Holy Spirit come and fill me now in the areas where this spirit/curse has affected me.

Soul ties

In Jesus name I break the ungodly soul tie with *(name)*. I send back the piece of *(name)* that I have and I call back the piece of me that they have. I put the cross of Jesus between us and ask Lord that you create a healthy, Godly tie and a relationship that is pleasing to you. I now declare my wholeness before Jesus and that my identity is in Him and Him alone. I am no longer tied to *(name)*.

Forgiveness

(Have the person speak to the one needing forgiveness as though they were sitting in front of them. Then they proceed out loud to say), “(name) when you said/ did.....it made me feel.....” (When all they need to say has been said, have them cup their hands under their heart and say), “I release all the pain from my heart and put it into my hands. [This may be emotional for some, let them experience this and don’t rush them.] (Then they ask Jesus to come and stand before them. When they sense He is near, they say), “Jesus I give you all of my pain and offense and I choose not carry it any more. (name) I chose to forgive you and not hold these things against you and I release you to the Lord for a blessing. Forgive me Father for carrying this offense. Holy Spirit come and fill me with your peace.

Lies and Oaths

In Jesus name I break the power of the agreement with the lie that *(name lie or oath)*. I replace it with the truth that *(name truth)*. Forgive me Father for participating with this lie. Holy Spirit come and fill me up and help me to walk in the truth by daily renewing my mind.

Casting out a demon

Spirit of *(name)* I bind you in Jesus name and command you to leave me now. Go to the presence of Jesus and He will deal with you. Don’t you ever come back! I cancel all the effects and assignments you have had on my life. Holy Spirit come and fill me now in the place where it had lived.

Notes:

Portions of this manual have been taken from the *Deeper Life Manual*—taught by Rev. Kathy Klassen

***Used with permission.*

Also referenced: *Guide to Spiritual Warfare* by E.M. Bounds

Other Excellent Resources:

Understanding Basic Issues In Deliverance by Doris. W. Wagner

www.deliveranceministers.org

www.Ellel.org/ca

www.RamMinistry.org

Notes

About the Authors



Maureen has served as a pastor with the C&MA and a missionary with YWAM. She and her husband Gary have four grown daughters and two grandchildren. Maureen has a deep passion to see all believers walking in their full potential and calling of the Lord. She loves to train and equip believers in kingdom truths and see them set free in Christ through deliverance and inner healing.



Cheryl has a Master of Arts in Spiritual Formation (MASF) from Carey Theological College. She ministers as a Spiritual Director as well as leads Soul Care retreats. Her desire is to help others discover a deeper, richer, more satisfying relationship with God as they learn to listen and discern His voice and presence.

Cheryl and her husband Mark have been married 31 years and have raised 3 children.

Both Maureen and Cheryl have been involved in teaching, training and participating in intercessory prayer ministry both in the local church context as well as internationally.

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