



holy spirit encounter
groups edition

Holy Spirit Encounter – Dealing with Lies

Lies form in our souls. They assault our identity as beloved, powerful, and free. They come from Satan, culture, our families, and ourselves. No one escapes their influence.

Whatever you agree with has power in your life. If you agree with the truth, the truth will set you free. If you agree with lies, lies will enslave you. We need the Spirit to identify these lies and then we must be willing to acknowledge them. When we expose them to the light and replace them with truth, their power is broken.

Take some time to quiet yourself. Ask the Holy Spirit to reveal to you the lies that affect you by asking the following questions:

- What makes you feel most vulnerable, most like running for cover?
- What image of yourself are you most attached to?
- Complete this sentence: “I only matter if _____.”
- What are you most proud of? How do you use these things to fend off your feelings of vulnerability?

Now share with your small group or journal by completing this sentence according to what you have discovered: “I believe that I attach some of my value to _____.”

Use the breaking agreement tool to break agreement with this false belief.

“In the name of Jesus and by the power of the cross, I break any agreement I have made with the lie that _____. Jesus, I ask you to take this away from me and show me what you say is true.” **Pause and wait to see what He reveals to you.**

Take note of what Jesus says is true about you. Ask others in your group how they see you with their Spirit-filled eyes.

Write down all these truth statements and relevant scriptures and review them regularly. Share your discoveries with someone. If the lies are connected to specific memories, acknowledge them, or write them down. Forgive anyone involved in those memories using the forgiveness tool in Session #6.